Sun	Mon	Tue	Wed	Thu	Fri	Sat
	12022 Five-O Senior ty Center	9-10:30am COFFEE & CONVERSATION 3-5pm PING PONG!	2 8:30-10am TENNIS: CT #2 & #5 9-10:15am HATHA YOGA w/ Teri (\$6.25) 1-2:30pm & 2:30-4pm ART (\$5)	3 1-2:30pm BINGO (\$1/card) 1-4pm CHINESE MAH JONG 3:30-5:30pm PING PONG!	4 8:30-10am TENNIS: CT #2 & #5 12-2pm Intermediate Ping Pong! 2-5pm All Levels Ping Pong!	5 1-4pm ADVANCED PING PONG! 4-5pm Beginner Ping Pong!
6 1-4pm ADVANCED PING PONG! 4-5pm Beginner Ping Pong!	7 8:30-10am TENNIS: CT #2 & #5 1-2:30pm & 2:30-4pm ART (\$5)	8 9-10:30am COFFEE & CONVERSATION 3-5pm PING PONG!	9 8:30-10am TENNIS: CT #2 & #5 9-10:15am HATHA YOGA w/ Teri (\$6.25) 1-2:30pm & 2:30-4pm ART (\$5)	10 1-2:30pm BINGO (\$1/card) 1-4pm CHINESE MAH JONG 3:30-5:30pm PING PONG!	8:30-10am TENNIS: CT #2 & #5 12-2pm INTERMEDIATE PING PONG! 2-5pm ALL LEVELS PING PONG!	12 1-4pm ADVANCED PING PONG! 4-5pm BEGINNER PING PONG!
I-4pm ADVANCED PING PONG! 4-5pm Beginner Ping Pong!	14 8:30-10am TENNIS: CT #2 & #5 1-2:30pm & 2:30-4pm ART (\$5)	9-10:30am COFFEE & CONVERSATION 10:30am ZOOM ONLINE ONLY (email for link) BOOK CLUB: Such a Fun Age 3-5pm PING PONG!	16 8:30-10am TENNIS: CT #2 & #5 9-10:15am HATHA YOGA W/ Teri (\$6.25) 1-2:30pm & 2:30-4pm ART (\$5)	17 1-2:30pm BINGO (\$1/card) 1-4pm CHINESE MAH JONG 3:30-5:30pm PING PONG!	18 8:30-10am TENNIS: CT #2 & #5 12-2pm INTERMEDIATE PING PONG! 2-5pm ALL LEVELS PING PONG!	19 1-4pm ADVANCED PING PONG! 4-5pm BEGINNER PING PONG!
1-4pm ADVANCED PING Pong! 1-5pm Beginner Ping Pong!	21 8:30-10am TENNIS: CT #2 & #5 1-2:30pm & 2:30-4pm ART (\$5)	9-10:30am Coffee & Conversation 3-5pm Ping Pong!	23 8:30-10am TENNIS: CT #2 & #5 9-10:15am HATHA YOGA w/ Teri (\$6.25) 1-2:30pm & 2:30-4pm ART (\$5)	1-2:30pm BINGO (\$1/card) 1-4pm CHINESE MAH JONG 3:30-5:30pm PING PONG!	25 8:30-10am TENNIS: CT #2 & #5 12-2pm INTERMEDIATE PING PONG! 2-5pm ALL LEVELS PING PONG!	26 1-4pm ADVANCED PING PONG! 4-5pm Beginner Ping Pong!
27 1-4pm advanced Ping Pong! 1-5pm beginner Ping Pong!	28 8:30-10am TENNIS: CT #2 & #5 1-2:30pm & 2:30-4pm ART (\$5)	29 9-10:30am COFFEE & CONVERSATION 3-5pm PING PONG!	30 8:30-10am TENNIS: CT #2 & #5 9-10:15am HATHA YOGA w/ Teri (\$6.25) 1-2:30pm & 2:30-4pm ART (\$5)	1-2:30pm BINGO (\$1/card) 1-4pm CHINESE MAH JONG 3:30-5:30pm PING PONG!	SENIOR ACTIVITY O	SA FIVE-O CENTER 310.318.0280 SABEACH.GOV MOSA BEACH, CA 9025

# HERMOSA FIVE-0-MARCH 2022



## **Coffee & Conversation**

TUESDAYS FROM 9:00AM-10:30AM

Join us weekly and enjoy some coffee & conversation with fellow Hermosa Five-O members.



#### Free Remote Tech Help

to South Bay residents age 50+

During this safer at home time, the Hermosa Five-0 Tech Help Team can work remotely with you to help with computers, printers, tablets, iPhones, smartphones and more!

Call for info or an appointment.



Please contact one of the Volunteers

Andre 310.962.5888
Bob 424.206.3514
David 310.691.4954
Dayle 310.415.6191
Mar 424.888.0575
Terry 310.227.2776

# **HERMOSA FIVE-0**

710 Pier Avenue, Hermosa Beach hbconnect@hermosabeach.gov 310.318.0280

### **BINGO**

THURSDAYS FROM 1-2:30PM • COST: \$1 PER CARD

Join us for weekly BINGO! It is a great way to socialize with new people and win some fun prizes.

# Bruins of the South Bay Book Club

SECOND TUESDAY OF THE MONTH AT 7 PM

The Book Club of the Bruins of the South Bay is excited to announce that we will be meeting soon at the Hermosa Beach Senior Center. Our Book Club is open to anyone who loves to read and enjoys a non-stressful, welcoming environment, to talk about your reading experience. We read all genres of books and take suggestions from our book club members. The only requirement for a book suggestion is that it needs to be available in the library in print form.

While the pandemic still poses a threat to our health, we are meeting on Zoom. If you are interested in joining us, please contact Mary Louise Mavian at <a href="mistoffee03@hotmail.com">mistoffee03@hotmail.com</a>. You will be added to our Book Club email listserve.

For more information about Bruins of the South Bay, please go to <a href="https://www.bruinsofsouthbay.com">www.bruinsofsouthbay.com</a>.

#### 2022 SCHEDULE

March: Fahrenheit 451 by Ray Bradbury

April: All Creatures Great and Small by James Herriott

May: Klara and the Sun by Kazuo Ishiguro June: News of the World by Paulette Giles

